

FAC_30

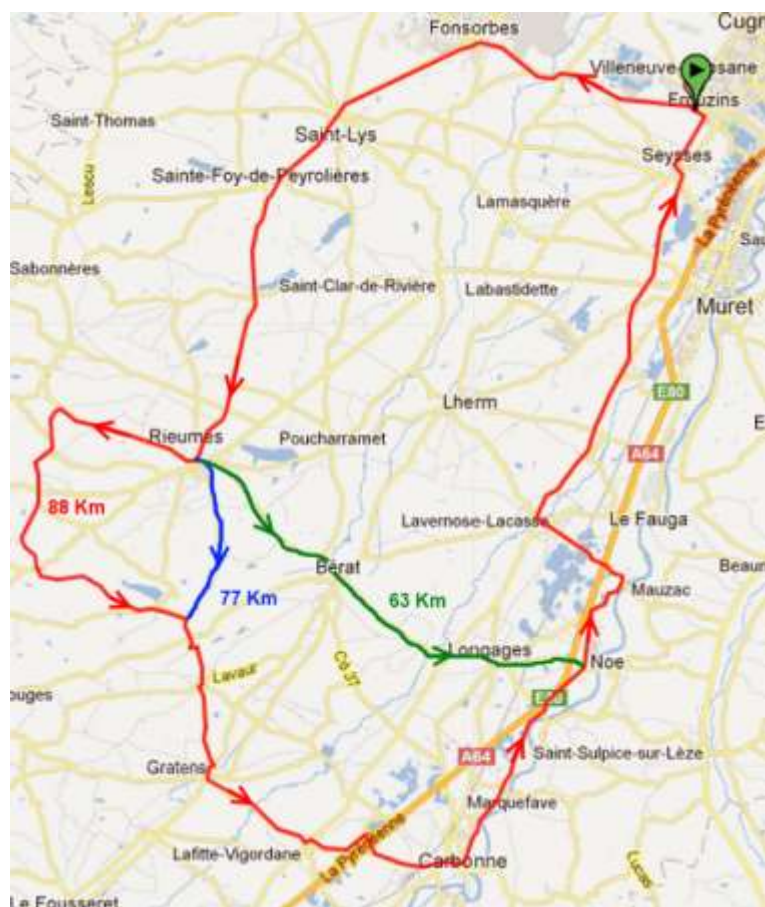
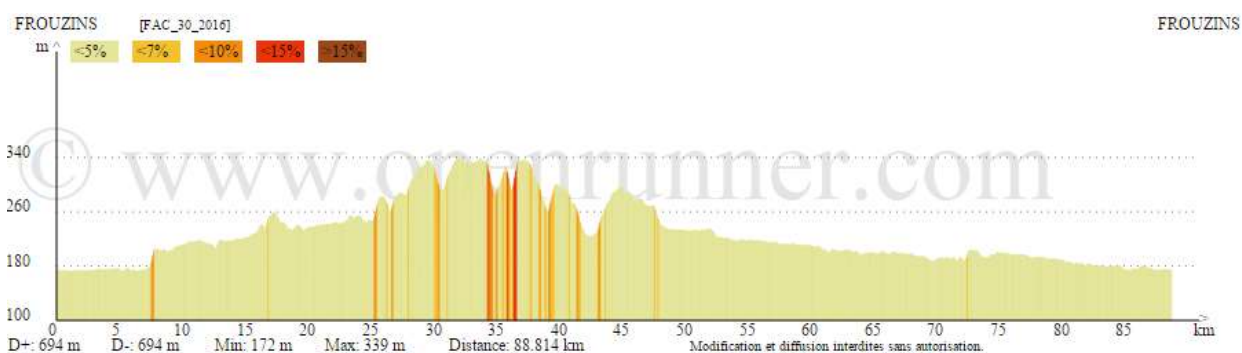
Départ Commun : Frouzins – Fonsorbes – St Lys – Rieumes

Circuit N°1 (63 km – Dénivelé 180 m) : Bérat – Longages

Circuit N°2 (77 km – Dénivelé 300 m) : D7 – Labastide Clermont – Gratens – Laffitte Vigordane – Carbonne

Circuit N°3 (89 km – Dénivelé 750 m) : Carrefour D28 – Plagnole – Lautignac – Savères – Labastide Clermont – Gratens – Laffitte Vigordane – Carbonne

Retour Commun : Noé – Mauzac – Lavernose – St Hilaire – Seysses – Frouzins.



[Retour Liste Circuits](#)